

OFV Newsletter

A monthly newsletter brought to you by Office of Family Violence

VOL. 1, ISSUE 2 NOVEMBER 2013

Special Topic- Nonprofit Awareness Month

Nonprofit Awareness Month is an initiative to educate the public about how nonprofits enrich and enliven our communities.

Why is it important? Your voice is part of the collective "we." The more you speak, the more folks are educated on the integral role nonprofits play in our lives. That means added support for your organization and for all of us. As a busy executive director, staff member, board member, or volunteer, how do I undertake one more task, if only for one month?

In reality, you celebrate Nonprofit Awareness Month year-round just by doing what you do: providing emergency and crisis services to victims of domestic violence, providing court accompaniment and support groups, providing support to children witnessing domestic violence....serving your community and easing some of their needs. In November, keep on keeping on. When you speak, we all speak.



Fundraising Activities



What happens when you pair a police chief, a university president, a newspaper columnist, or a Chief Operating Officer with a dance instructor? Dancing with the Valley Stars – one of the most recognized and energized events in Roanoke Valley! Salvation Army holds this popular Annual Fundraising Event to benefit the Salvation Army's Turning Point. Tickets

are \$75.00 each or a table for 10 may be purchased for \$850. The event will be held on November 9th, at 7:00 p.m. at the Virginia Museum of Transportation, located at 303 Norfolk Avenue, Roanoke, VA. For more information, go to www.valleydancing.com/

Funding Opportunities



<u>Sexual Assault Services Program (SASP)</u> funding guidelines have been posted on the DCJS website. For currently funded sexual assault programs only. To read the guidelines, click <u>here.</u>

The American Kennel Club Humane Fund is accepting applications from organizations that provide temporary or permanent housing for victims of domestic abuse and their pets or provide temporary or permanent housing for pets of victims of domestic abuse and have a formal, established working relationship with at least one nonprofit shelter for victims of domestic abuse. The grants are awarded for operational support related to the housing of pets or capital improvements specifically for the housing and maintenance of pets.

Application Deadline: 11/15/2013; 2/15/2014; 5/15/2014; 8/15/2014 Website: American Kennel Club Humane Fund

FAQ- grant and invoices

As a reminder, the below process must be utilized prior to submission of your October invoice:

For programs that invoice MONTHLY: July and August invoices must adhere to your original FY 2014 approved budget. After you have submitted invoices for July and August, the new, approved budget reflecting the budget modification must be entered into the JULY tab. Even though the new budget is effective in September, the "Total Sub-grantee Award" amount on the 12 monthly invoices references the budget total on the July tab.

For programs that invoice QUARTERLY: July and August expenditures must adhere to your original FY 2014 approved budget. Please enter the approved budget reflecting the budget modification into the JULY tab. Even though the new budget is effective in September, the "Total Sub-grantee Award" amount on the 12 monthly invoices references the budget total on the July tab.



Training Opportunities



Economic Justice for Battered Women

Hosted by: The Battered Women's Justice Project
Presenter: *Kim Pentico*, Economic Justice Specialist, National
Network to End Domestic Violence (NNEDV)

Date: Friday, November 21, 2013 Time: 1:00pm - 2:30pm (Central Time)

Description: - Financial abuse is a common tactic used by batterers to control and isolate their partners with devastating consequences. Participants will be provided a brief overview of financial basics, including budgeting, credit, loans & long-term planning.

Click here to register.

national latin@network

Immigration Reform: A Human Rights Imperative

Hosted by the National Latin@ Network, a project of Casa de Esperanza

Date: Thursday, November 21, 2013 Time: 2pm CST Presenter: Rosie Hidalgo, Director of Public Policy,

Casa de Esperanza

Many immigrants are vulnerable to abuse and exploitation, both in their own homes and in the workplace, as a result of their undocumented status. This webinar will explore specific challenges that immigrant survivors of abuse face in seeking safety and access to justice, and why comprehensive immigration reform is critical in order to meet those challenges. It will discuss key legislative provisions in both the Senate and House bills that provide a pathway to legal status and enhance protections for immigrant survivors, as well as proposed legislation in the House that would undermine those protections. Finally, strategies to educate policy makers about the need for comprehensive immigration reform will be discussed. To register for this webinar click here.

Board Development

Match-making for Board Members?

Many nonprofit organizations dream of having a board matchmaker at its disposal. Someone who can magically help a nonprofit find the ideal people to join its board—candidates who fill distinct needs and provide certain types of support. But making that perfect match often eludes many nonprofits, primarily because of a missed connection between where the organization is in its evolution and what kind of board can be the most helpful. In this article, there are 4 stages in the life of a nonprofit, each requiring a different type of board.



Stage 1: Seeding/ Creating— This stage is characterized by groups of individuals coming together with passionate commitment to a cause or a leader. These individuals give generously of their time to get the organization up and running.

Stage 2: Early/ Developing— During this stage, the seeds have taken root. Volunteers may be hesitant to give up control but know that change needs to occur for organizational growth. Stage 3: Growth/ Building— Staff leadership is in place at this point, and strong boards are more focused on their governing role, but continue to engage in both tactical and strategic decision-making activities. These members accept that fundraising is a growing part of their responsibility and trusts management to oversee daily operations.

Stage 4: Sustainable/ Maturing— Effective boards at this stage are attracted to supporting

Stage 4: Sustainable/ Maturing- Effective boards at this stage are attracted to supporting an enduring institution that has a proven impact in the community and strong leadership. To read more of this article, click here.

Self-care Tips

Bogged down with responsibilities at work and at home? Many of us wish we had more time to get it all done—and still steal time to relax. While adding more hours to our day may not be possible, a recent study suggests a little mindfulness meditation can help us at least



feel like we have more time in our lives. Remarkably, this effect was seen after just a single 10-minute meditation, among participants who had no prior meditation experience. To find out more about mindfulness, and ways to incorporate it into your life, click here.